

What can we do?

Consumer: Eat no or at least less meat!

Because we eat a lot of meat, a lot of soy has to be cultivated. But in order to grow soy, the rainforest has to be cleared away and so our planet is going to be destroyed. The excrements of the animals also go into our ground water and make it dirty.

citizen: reduction of food waste!

If you don't throw away so much food, not so much is produced and the environment is better off. It makes no sense to throw away food when you could actually still eat it. You can put the food leftovers in the fridge and continue eating the next day.