

BLOG ENTRY

Hello and welcome to a new episode of “healthy and food” today I am talking about the new restaurant that opened a few days ago. It’s called “Local” and was opened by the chefs Roy Choi and Daniel Patterson. And I am really exciting about that local. The local is about tasty and healthy fast food in America. It’s a very good Idea to return bad and unhealthy things into good and delicious food. And the good thing about it, is the way it gets prepared for costumers. They use instead of real meat or to express myself unhuman livestock farming, grains and tofu for the burger. Which is nice because it reduces the life of other living beings. And another amazing point is it also reduce the waste of food. They use food that elsewhere is thrown away again. Which is also a great idea to spending a lot of food that could be use over and over again. So, to sum up my opinion I want to say that this kind of restaurant is very rare and unique and we all should support it. Because it is worth making our humanity aware of important things. And it is also something we can gain new experiences.