

Food

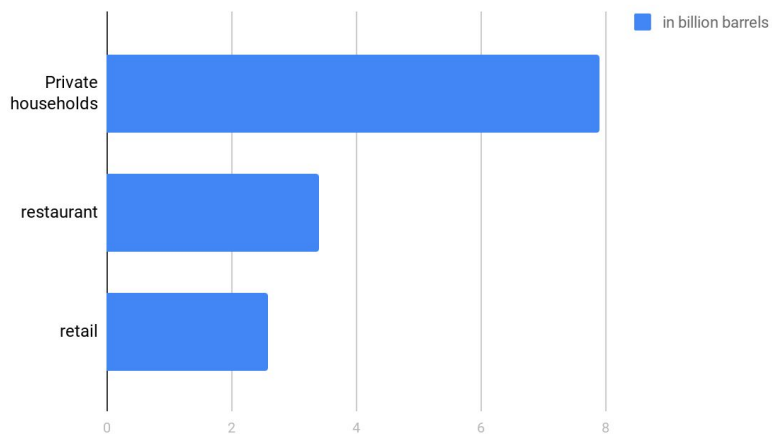


In the EU, average 197 kg of food is thrown away per person every year.



In Afrika 30% of child, without food.

Points scored



The most food, is throw away by us self

What can we do?

- We can buy smarter
- We can don't eat much more meat
- W can cook smarter

For more tips:

<https://www.healthline.com/nutrition/reduce-food-waste>