

B6 What can we do?

a)

As a consumer:

- eat no or less meat
- only buy local and organic food
- learn to cook
- shop less

As a citizen:
Support

- organic farming
- reduction of food waste
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b) *

- only buy local and organic food
 - ↳ it is^{is} better for the environment
 - ⇒ not so far transport routes
 - ↳ no pesticides

⌚ As a consumer: only ~~buy~~ buy local + organic products

As a citizen: reduction of food waste

- ↳ if you don't buy what you waste, you consume less, it has to be produced less, it has to be transported less
 - ⇒ and that is better for the environment



- if you waste food, put it into a compost and grow a few things yourself
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