

How do your eating habits relate to the challenges?

B4 b) Reflect on your eating habits and share your thoughts with a partner...

At Home we try to pay Attention to where the meat comes from. I ~~try~~ also try to eat as little meat as possible. I know that's not enough and it's better to be vegetarian, but that's not possible for me right now. But apart from that I would say that our eating habits are already relatively good for ~~us~~ our health and the environment.

For example, we also buy our eggs from the farmer in our village or buy meat from the hunter near us.