

Englisch Short Note

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When I eat something then I usually attention to where it comes from and what quality it has. For example with meat I pay attention that it does not come from factory farming, but from the region. My eating habits are actually normal, I pay only attention that it does not come from factory farming, but from the region. And with eggs, I make sure that they are from happy chickens. Since I have no allergies or similar to sugar or lactose intolerance, I don't have to change my diet or anything similar.