B6. As a consumer you can buy only local food and shop all in all less things. It is also good for the environment if you eat less meat. You can also cook more your own and eat less industrial food. Furthermore you should buy less food which is packed in plastic. As a citizen you should make more yourself and preserve the indigenous plant - and animal species. You also should not pack your food in plastic - packagings. Furthermore you can teach childrens gardening, cooking and healthy nutrition. lam not sure if I understood the job (Arbeitsauttrag) correctly.