

Eating Habits

At my family we eat every day flesh.
And as us family we eat every day salad
with ~~egg~~ yogurt sauce. For me i eat
every morning a toast bread with cheese
and a nice chili sauce. From time to time
i eat chocolate chip cookies with chocolate
Milk. After the dinner i eat Paradise Cream
with chocolate. i LOVE this. Occasionally i
eat a banana an apple ore fruits.
That are my eating habits. I don't eat
often bio articles. I like fast food but
not to often because it's not healthy for
my body. I make sport because i drink
a protein shake ore eat a protein bars.
And otherwise i drink allway water i
didn't like ~~beverage~~ beverages with many
sugar.