

B6

a) ~~##~~ In my opinion is it most ~~eee~~ effective, to make an impact as a consumer. Because it is a small change there with a ~~great~~ great effect. You don't need to throw away food when you shop less or if you learn to cook. Then you can cook only the portion you need, so you don't throw away food, and you see, what you really have to ~~see~~ shop.

b) ~~W~~ ist auch in dem Text

b)

- As a consumer:

If I grow my fruits and vegetables. I think, I wouldn't throw them away, because I spend a lot of time and work to grow them up. The fruits and vegetables are value for me. As a citizen I can buy organic products or I can do urban gardening on the roof of the house.

Both ideas are good for anybody, because the people learn so much about the work to have fruits and vegetables.

* Ideas:

- cook only, what you can eat
- If you can't eat all the meal in a restaurant, you can take it at home
- meet each other and cook together.