

**2** **Being a screenager**

Change the words in orange. Find words and phrases in the box that mean the same thing.

at least • comfortable • pros and cons of • share •  
surfing the net • ~~the average~~ • they're addicted

*The average*

A **typical** teenager in the UK spends seven hours a day in front of a TV, phone or computer screen.

About 60% of teens watch **more than** 20 hours of TV per week. What are the **pros and cons of**

**about** being a screenager? Well, if you are **good and confident** with digital technology, you can do lots

of things and help other people too. You can get information and **give other people** information.

Some teenagers just can't stop **going on the internet** - it's like a drug!

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**3** **Your phone and you**

a) How many different things can you use your phone for? Draw lines between the blue boxes to make phrases.

b) Then make a list of the things you do. You can use words that aren't in the boxes too.

I use my phone to go online,...



go  
take  
surf  
video chat  
make  
play  
look at  
send  
watch

the net  
with friends  
online  
videos  
texts  
photos  
games  
selfies  
phone calls  
social media sites

*I use my phone to*

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c) Compare with a partner. Do you use your phone for the same things? What do you use it for most?

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