

2 Being a screenager

Change the words in orange. Find words and phrases in the box that mean the same thing.

~~all over the world~~ • ~~at the same time~~ • chat • ~~focus on~~ • ~~get information~~ • ~~multitask~~ • online • ~~pros and cons~~ • ~~text~~ • ~~the average~~ • ~~they're addicted~~

The average

A ~~typical~~ teenager in the USA spends over eight hours a day in front of the screen. And they're not just

doing one thing: most of the time they ~~do lots of things~~. They might ~~talk~~ with a friend on a social

media site, ~~send text messages~~ to other friends, and play a video game, all ~~together~~.

What are the ~~advantages and disadvantages~~ of digital technology?

Well, you can ~~find out about things~~ very quickly, and you can communicate with people

~~in lots of different countries~~. But there are downsides. Young people often can't ~~concentrate~~¹ on their

homework. And they don't get enough sleep because they're ~~on the internet~~ at night. Some teenagers

just can't stop – ~~it's like a drug!~~