## 2 O Being a screenager

Change the words in orange. Find words and phrases in the box that mean the same thing.

all over the world • at the same time • chat • focus on • get information • multitask • online • pros and cons • text • the average • they're addicted

## The average

A typical teenager in the USA spends over eight hours a day in front of the screen. And they're not just

doing one thing: most of the time they do lots of things. They might talk with a friend on a social

media site, send text messages to other friends, and play a video game, all together.

pros and cons ~

What are the advantages and disadvantages of digital technology?

Well, you can find out about things very quickly, and you can communicate with people

all over the world ~

in lots of different countries. But there are downsides. Young people often can't concentrate on their

homework. And they don't get enough sleep because they're on the internet at night. Some teenagers

they're addicted ~

just can't stop - it's like a drug!

at the same time