To put it plainly, the article talks about the different struggles that the typical teenager faces, such as their body changing, their social status and feelings.

I agree with the author and what he has to say, however I do think you have to be very gullible to fall victim to online bullying so it's hard to believe that 70 percent claim to have been bullied. I wished he explained the definition of bullying more because I think there's a difference between getting bullied and actually being negatively affected by it.

Tweet: Teenager have to relax and grown ups need to lower their expectations