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Being a teenager is the worst time of your life and here is why"

The article "Being a teenager is the worst time of your life and here is why" written by Duncan Lindsay published in the "Metro" in July 2015, deals with the life as a teenager and why it is so hard.

The ~~para~~ author writes about the pressure and the difficulties teenagers have. The pressure to be good at school to have a good and fulfilled future.

That they may fall in love in school or get bullied.

They ^{get told that they} have to be independence but then they should also ~~be~~ ~~a~~ act like a teenager. They ~~get~~ are in the age when ~~you~~ they need privacy, but ~~you~~ they don't always get it. Having a bad reputation and prejudices. Teenagers are always told by older generations that they are cheeky, angry or spoiled. And all above that, teenagers have to find their own identity.

The article presents informations about being a teenager and to find their own identity, while getting impressions, prejudices and pressure from all sides.

Comment

I agree with the author of the article "Being a teenager is the worst time of your life and here is why". He wrote many good and important aspects, but being a teenager is so much more and less bad for one or the other.

If teenagers have siblings or sick parents they might have to care of their family and have to learn on the side. Or if parents are arguing all the time or are in the middle of a separation.


How should a teenager have a clear mind and be able to fulfill all requirements. Teenagers often don't understand themselves and are overthinking too much.


Due to all the pressure from school, from home, from classmates, from social media and more. Depressions can also be caused through overthinking, not ^{being} ~~getting~~ understood, feeling lonely, stress, bullying, not having much confidence, experiencing fate, getting mistreated and much more. I mean, why is suicide the second leading cause of death among Americans between 10 and 19. ~~You should think what what~~

I think ~~why~~ the youth have too many, too high requirements to meet. At some point they just need to be young and have some free time.

I know much people would say "everyone has to go through that." But it would be cool if parents, teachers or others would show more understanding.

Talk to the teenagers and just be there without having achieved anything. Because I think everyone tries to do it well.

Duncan Lindsay 

@... Jul 11, 2015 

Why is being a teenager the worst time of your life?

Marla Kimani
@marla_0901

Being a teenager is bad because of the peer pressure, the insecurities, to compare yourself to others, ~~to~~ to have no influence ~~of~~ on your physical (genetic) development and ~~to~~ have to cope with it.

Wanting to be liked by everyone, can't do anything without thinking what others would think about you. Don't understand yourself and your feelings. And overthinking and having too little time ~~to~~ and energy to do & something.

15:51 - May 2020